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# **Inside the Wheel**

#### News

President's Message 04
It's Annual Registration Time!06
A Call To Lead 08
New Face In Communications09
Pro-Fit Information 12
Holiday Hours 13



#### In This Issue...

Upcoming Activities 10
Black Friday Shuttle Trip 15
Pet of the Month 16
WAL Recognitions 16





#### Wheel is a publication of the Watergate at Landmark Unit Owners Association

December 2022 and January 2023, Vol. 49, Issue 1, Published 11 times annually



For publication consideration, please submit <u>original content (e.g. articles, photos)</u> to <u>commgr@watergateatlandmark.com</u>. High-quality photos are recommended (300 dpi or greater). Management makes content decisions and it is understood that revisions and edits will be made for space and publication style. Publication is not guaranteed.

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# WATERGATE AT LANDMARK 2022 - 2023 Board of Directors

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Eileen Greenberg Vice President	Rudnaldo Hodges <i>Director</i>	Joseph Vecchio Director
Stephen Allenbach  Director	Robert Lee Director	Gregory Wade Director

2022 - 2023 Board Officers

Susan Bouldin, Treasurer Vivian Moran, Secretary

#### WAL HOLIDAY TREE

This holiday season at Watergate at Landmark, each building received a brand new nine-foot Christmas tree.

Photo: Brianna Hawkins



# Keep up with all things Watergate at Landmark online:

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# Have you enjoyed the monthly travel articles by WAL Resident, Karen Hamlin?

If so, check out the continuation of Mind the Gap on Facebook page. Use the QR code above to like our page.



#### KEY WATERGATE AT LANDMARK CONTACTS

Shuttle Bus Updates: Text "watergate" to: 844-612-2165

Resident Services Office: 703-370-7000 FirstService Residential: 703-385-1133

**Activities Office**: 703-370-7092 **Metro Water**: 703-461-3418

Gate Communications\*: 703-370-2674

\*You may call this number for <u>after-hours</u> emergencies.

**Lobby Entrance Camera** Comcast - 971 Master Antenna - 3

WAL CCTV Channels Comcast - 970 Master Antenna - 8

## PRESIDENT'S UPDATE

#### By Phil Schrock, Board President

December is here and another year is almost over. Last month many celebrated Thanksgiving and Veterans Day with family and friends. This month we're already in the 2022 Holiday Season spirit and eagerly anticipate end of the year festivities. The beautiful grounds décor, lighting, tree decorations and holiday activities reinforce Watergate's festive spirit. Whether you are a longtime resident or recently arrived at Watergate, we wish each of you Happy Holidays, good health and the very best in the 2023 New Year!

Watergate's Election Committee is alive and well, motivated and prepared for the upcoming annual meeting and election of board members. I encourage you to read Director Butch Hodges's *A Call To Lead* article in this issue of the Wheel. I also urge qualified resident unit owners to consider running for election to the Board.

The Association welcomes Brianna Hawkins, our new Communications Manager who arrived recently. Welcome aboard, Brianna! You join a team of management professionals and we look forward to seeing you around the campus.

**2022 Year in Review.** The end of a year is always a good time for reflection. Watergate successfully weathered the global pandemic due to your endurance, patience, resilience, and ability to adapt to an ever-changing new normal. Numerous activities – Youth, Pet, Recreation, Social, Art, and Entertainment – have been revitalized and are flourishing! And for that, I thank the Board, Management, and our many committees and members who have contributed to the past year's successes. With that in mind, let's review some projects, activities, accomplishments, and improvements our community has seen in 2022.

Shown below are many during the past year – large and small, completed and ongoing. A few have been delayed due supply chain problems or pending permit approval.

- Balcony HVAC Utility Closet Façade: This multi-million dollar, multi-year project is completed – ahead of schedule and is considered a "project success" as measured by <u>budget</u> compliance, <u>scope</u>, <u>schedule</u>, <u>quality</u>, and <u>customer satisfac-</u> tion!
- New Executive Assistant to the Board hired Christina Clark
- New Human Resources Manager hired Maribel Contreras
- New Board member appointed Steve Allenbach to fill Board vacancy
- FY2021 Audit received and approved auditor's report, another financial "good bill of health"
- Children's Literacy Adds Potential approved a non-profit to place decorated book donation boxes in building lobbies during first two weeks in December
- Funds transfer \$655,276 of the Association's audited FY2021 "Unappropriated equity balance" (unspent year end funds) to Replacement Reserves
- Retaining Wall Replacement contract signed; delayed pending receipt of contractor's building permit
- Expansion Joint Replacement Project/speed hump contract
   completed

- Redecoration Ad Hoc Committee and Charter established and actively preparing for hallway/carpet renovation project
- Indoor and Outdoor Pool Management approved a threeyear contract
- Fair Housing Training approved and provided to Watergate managers, supervisors, employees, committee members, and Board Directors
- Limited Visual Assessment contracted with a structural engineering firm to perform assessment
- Board Orientation and Training hosted seminar for Board to be briefed on their roles and responsibilities in a program that was open to Watergate residents
- Additional Speed Hump installed in front of a building as recommended by the Infrastructure Committee
- Automated Workforce Time and Attendance software eliminated employee manual timecards
- *Elevator Machinery Replacement* contracted for Building 3 new elevator machinery
- Gazebo Renovation approved renovation contracts for Watergate's three gazebos
- Landscape Services approved a four and a half year Landscape Services contract
- Loading Dock Column approved contracts to repair the column under the building 2 loading dock
- Garage Ceiling and Waterproofing approved contracts for repairs in building 3-4 garages ceilings between parking spaces 613-670 and waterproofing repairs on top of the garage slab
- Uniform Services approved service agreement
- Racquet Club Courts Relining approved contract
- Trash and Recycling Services approved a one-year agreement for trash and recycling services
- Balcony Rehabilitation Project approved contracts for building 3 Balcony Rehabilitation Project
- Salon Renovation approved request to renovate space within salon
- FY2023 Budget approved budget with a modest 2.64% assessments increase
- FY2023 Association Insurance approved insurance policy with Watergate's insurance carrier
- FY2023 Calendar approved for Board of Director's meetings and the Annual Meeting
- FY2023 Shuttle Bus Contract approved amended contract
- FY2023 HVAC Preventive Maintenance approved contract
- FY2023 Budget Committee appointed members and chair
- FY2023 Covenants Committee appointed members and chair
- FY2023 Elections Committee appointed members and chair
- FY2023 Water Conservation approved contract extension EZGo Utility Vehicle – approved purchase for Patrol Services use
- Municipal Communications Site Lease Renewal Amendment
   third amendment effective March 2023 provides continuity of essential communication antennae for City and revenue for the Association for another three years
- Elevator Cab Metal Restoration approved services contract
- Outdoor Court Renovation anticipate late FY2023 start date

Upon reflection of the "2022 Year in Review," we're again reminded of just how large our enterprise is – Watergate at Landmark is like a small city! Watergate consists of 1,460 units, sits on approximately 38 beautiful acres, and has several thousand residents representing a diversity of backgrounds, cultures, and nationalities.

Again, we wish you an enjoyable holiday season and the best in the coming new year!



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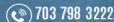


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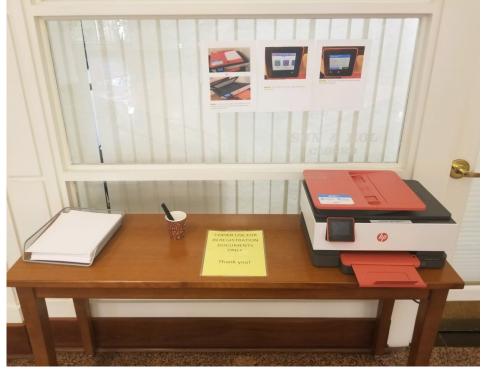
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# It's Annual Registration time!

By Jene Lyons, Deputy General Manager



Make copies of your supporting documents for Annual Registration at Resident Services. Photo: Rashawnda Daniels-Atkinson

WAL's Annual Registration verifies resident living in Watergate units, contact information, emergency contacts, vehicle, bicycle and pet information for every resident. Once the process is completed, residents will receive amenity passes, ID stickers, decals and/or pet tags for the new year. We will handle nearly the entire process via U.S. mail, email and drop boxes.

#### Why Do I Have to Re-register?

Accurate and updated information helps you as a resident access all amenities, provide standard service requests (e.g. maintenance requests, lockouts) and alerts you in case of an emergency. Annual Registration began on Monday, November 14, 2022 and ends Saturday, January 14, 2023.

#### **Required Documentation**

Documents may be printed out as well as photographed or scanned electronically. You may also copy them at no charge on the copy machine set up for this purpose only near the Resident Services window during office hours.

Valid Driver's License or State-Issued ID

Provide a copy of your driver's license or state-issued ID reflecting a WAL address.

#### Current DMV Registration

Provide a copy of all vehicle and/or motorcycle registrations associated with your residence.

#### WAL ID Card(s)

These are issued for each unit occupant over 1 year of age. Provide <u>copies</u> of all the current WAL IDs associated with your unit. **Please do not send physical WAL ID cards.** 

#### Digital Photo

All residents <u>must</u> provide a recent digital photo.

**Emergency Contact** 

Please designate your emergency contact(s) and contact information (e.g. name, phone, email).

#### **Pet Owners**

If your pet is four months of age or older, you will need to complete pet registration. Submit the following with your re-registration packet:

- Copy of Current Pet License
- Completed Watergate Pet Registration form for FY23

Pet registration paperwork is available to download online at www.watergateatlandmark.com

(Residents→ Resource Documents →Other Helpful Documents), in the racks near the Resident Services window and in the brown magazine racks in each building's mail area. It can also be emailed to you upon request.

• Full-Body Photo of Your Pet
Email a recent full-body photo or
make a copy of one and email it to
pets@watergateatlandmark.com.

#### Have a Dog as a Pet?

In addition to the general requirements for all pet owners, dog owners (with the exception of those who are designated as Assistance Animals) must pay an Annual Registration Fee of \$25.00/dog residing at WAL. Failing to register a dog may subject you to a late registration charge.

- Credit card payments may be made on the form enclosed in the Reregistration packet or by phone via calling Resident Services (703-370-7000).
- Payments made by check should be made out to Watergate at Landmark and may be placed in an envelope along with your required documents.
- Assistance Animals are exempt from this fee. However, applicable records and pet licensure are still required. Residents must complete an application for the Reasonable Accommodation Committee.

#### **Returning Completed Packages**

Once you've gathered the required documents, review your Unit Profile Sheet. If needed, make corrections directly on the form and sign it when finished. Then, choose one of the following submission options.

#### Building Lobby Drop Box

Place Unit Profile Sheet with copies of supporting documents into the return-envelope provided and drop into the black drop boxes located in building lobbies.

#### U.S. Mail

Return your Unit Profile Sheet (corrected and signed) and copies of supporting documents to *Watergate at Landmark, Attn: Resident Services, 211 Yoakum Parkway, Alexandria, VA 22304.* 

#### Email

Scan documents or take electronic photos of such. Then email the corrected and signed Unit Profile Sheet and supporting documents to <a href="mailto:reregistration@watergateatlandmark.com">reregistration@watergateatlandmark.com</a>.

#### Physical Drop Location

Place the corrected and signed Unit Profile Sheet with copies of your supporting documents in an envelope and drop it in the Resident Services GOLD Mail Slot. It's located on the left side of the Resident Services window under the granite ledge.

#### Monday, January 16, 2023

Starting on this date, any resident not re-registered will incur a Late Registration Service Charge of \$50/unit.

At midnight, vehicles not displaying current WAL decals risk vehicle immobilization. There is a \$100 Booting Fee that is in addition to the Late

[Submit your completed and signed Unit Profile Sheet and copies of applicable supporting documents to the Association on or before January 21, 2023.

# What Happens If I Miss the Reregistration Deadline?

The Association will take the following steps prior to assessing a Late Registration Service Charge:

Monday, January 9 – Sunday, January 15, 2023

Reminder notices placed on vehicles with expired decals.

Registration Service Charge.

Don't delay; please complete the annual registration process ASAP!





# A CALL TO LEAD

#### **BOARD CANDIDATES WANTED**

By Elections Committee 46

"Great leaders are almost always great simplifiers, who can cut through argument, debate and doubt to offer a solution everybody can understand."

—Gen. Colin Powell, former U.S. Secretary of State

On Monday evening, March 6, 2023 Watergate at Landmark (WAL) condominium unit owners will elect three board members. The three candidates with the highest percentage of votes will be elected to fill three-year terms on the WAL Board of Directors. Any qualified resident unit owner may run for one of these positions.

The 2022 election may have had the highest quorum rate ever with forty-seven per cent of unit owners participating. We attribute the convenience and ease of our electronic voting web service as the key to our past success. Hence, we are planning to employ the same voting service next year through *Vote HOA Now*. More information on electronic voting to include instructions on how to use the service will become available as the election season nears.

#### What is the Board and why do we need Directors?

The WAL Board of Directors (BoD) is an elected group of unit owners that meets monthly, at a minimum, to create community management and oversight policies. Its members play a huge role in formulating decisions on behalf of unit owners and performing fiduciary responsibilities through budgetary, capital and expense-related decision-making. Competing needs for limited resources require board members to establish priorities for purchasing materials and vendor services on behalf of the community. The Board as a unit is dependent upon the knowledge, skills and judgement of its elected members who aspire to achieve a majority decision on contractual, managerial, and other substantive activities.

# WALCUOA owners will be allowed, as an option, to vote online through Vote HOA Now.

#### How can you become a candidate?

After 12:30 p.m. January 3, 2023, pick up and complete an official nominating petition from Resident Services in the Community Center. Petitions must include your name, building and unit number, phone number and signature. At least 10-unit owners must endorse your petition; however, you are encouraged to get more signatures in case some signatures are later proven to be invalid. Only one owner's signature per unit is allowed. With your petition, attach two documents, a signed autobiographical statement, and a campaign statement. Neither document should exceed 300 words.

In addition, send to BoD Executive Assistant Christina Clark (ea2bod@watergateatlandmark.com) your autobiographical and campaign statements, a 2x2 photograph of yourself in either "JPG" or "TIF" digital image format, and a YouTube<sup>TM</sup> link to a

maximum two-minute long .mp4 formatted campaign video (optional) via email attachments. The Elections Committee will forward the video link advocating your candidacy for posting on the *Vote HOA Now's* built for WAL e-voting website.

#### What is the Deadline to File?

File the papers with the Elections Committee by handing them to Christina in the BoD Administration Office in the Community Center or, in her absence, give them to any of the Resident Services Representatives no later than noon, Thursday, February 2, 2023. Early submissions are appreciated, as they help avoid the risk of errors due to processing time compression.

#### **46th Annual Meeting Timeline**

*Tuesday, January 3, 2023*: Candidate Petition packets will be available for pick-up at the Resident Services Office after 12:30 p.m.

Thursday, February 2, 2023: The deadline for filing nominating petitions to become a candidate for the Board of Directors is at 12:00 noon.

Saturday, February 4, 2023: Candidates meet with Elections Committee to determine name sequencing on ballots.

Monday, February 13, 2023: Candidates will meet with WAL committee representatives.

Wednesday, February 15, 2023: Elections Committee will sponsor a "meet the candidates" virtual Town Hall. This event will provide owners an opportunity to hear all candidates present their platforms and views.

Monday, March 6, 2023: The 46th Annual Meeting will be held. Election results will then be tabulated, and the future Board Members announced.

#### **Leaders Needed**

Candidates <u>don't</u> necessarily need to be "great" leaders. But those who endeavor to take on leadership challenges and evolve through their experiences have the potential to become "good," if not great. Our Watergate at Landmark community has had and still needs engaged, aspiring leaders to help us maintain a well-defined, established governing process.

Residents are encouraged to sign -up to become a candidate. Photo by: Canva



If this challenge matches your aspirations, consider this a call to lead.

# **New Face in Communications**

By: Brianna Hawkins, Communications Manager



Photo: Brianna Hawkins

Warm greetings, Watergate at Landmark. My name is Brianna Hawkins, and I'm excited to announce that I am the new Communications Manager. Alexandria recently became my new home after moving from Silver Spring, Maryland, this year and Tallahassee, Florida, in 2019.

Working in the non-profit space for the last three years was incredibly rewarding; however, it was time for me to work in an exciting environment where I could continue to make a more significant and creative difference. My experience includes communications, social engagement, and talent acquisition. Over the years, I gained digital design, branding, and marketing skills.

The impactful fellowship in this community has been inspiring. I am thankful for the support from the management team, communications committee, board of directors, and friendly residents. A common theme I've discovered in my conversations was a genuine love for what each individual does for this community.

#### **Communication Goals**

I am thrilled to continue the growth and success of this community in the communication department! While currently in my first month, I'm energized to strategize new techniques and communication plans for the future of Watergate at Landmark. My current goal is to work with management and the communications committee to enhance digital communications through the various mediums provided to our residents, staff, and community.

Happy holidays to everyone at Watergate at Landmark! I look forward to meeting you soon.

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### **WAL UPCOMING EVENTS**

#### WATERGATE BOOK CLUB

Thursday, December 1

Virtual • 7:30 p.m. Project Hail Mary by Andy Weir

"Ryland Grace is the sole survivor on a desperate, last-chance mission—and if he fails, humanity and the Earth itself will perish. Except that right now, he doesn't know that. He can't even remember his own name, let alone the nature of his assignment or how to complete it. Part scientific mystery, part dazzling interstellar journey, Project Hail Mary is a tale of discovery, speculation, and survival to rival The Martian—while taking us to places it never dreamed of going." -- synopsis from Goodreads. Email dpmullens@comcast.net for details.

#### CHILDREN'S HOLIDAY BOOK DRIVE

December 1 - 14, 2022

Drop Off Location: Bldg. Lobby Christmas Tree

Our community is partnering with the C.L.A.P. organization (Childhood Literacy Adds Potential), a non-profit 501c(3) organization dedicated to increasing literacy among underserved children. C.L.A.P. was founded by two WAL residents. Please consider donating gently used or new children's books to be distributed to those in need. Tax receipts are available for donations.



#### LOBBY TREE TRIMMING

**Thursday, December 1** Lobbies of Buildings 1-4 • 7 p.m.

Get into the holiday spirit! Join your neighbors to decorate your lobby Christmas tree. You can bring a dessert to share while decorating. Call the Activities Office at 703-370-7092 to volunteer or simply show up at the event!

#### OLD HOUSE COSMOPOLITAN TRIP

Thursday, December 8

Pick up Starts at 11:15 a.m. • Tickets: \$12 (Shuttle Only)

Celebrate the holidays with the A&E Committee by enjoying a German cuisine with neighbors! Located in Old Town Alexandria, the restaurant describes itself as a "homey all-day eatery and bar" that uses fresh, locally-sourced organic produce. **Must purchase lunch on your own.** Ticket for the Shuttle Bus is non-refundable.

# COMMUNITY HOLIDAY SING -ALONG PROGRAM

**Thursday, December 8**Town Square and Terrace Lounge 7 p.m.



It's the most wonderful time of the year! Mingle with neighbors, join in and sing along to some seasonal music and be a part of this holiday celebration! Parents may bring their children to meet Santa and get a photo! This event is free, but we ask that each family attending donate cookies or a cake for the reception following



the program (no nuts, please).

# HOLIDAYS AROUND THE WORLD

**Saturday, December 10** Terrace Lounge • 6 – 9 p.m.

Experience holiday traditions from Christmas, Hanukah, Kwanzaa, Yalda and more at this event sponsored by the Youth Committee. Don't forget to participate in our non-perishable food drive. If you have questions about the event or a talent/winter holiday tradition you'd like to share, contact the Activities Office or send an email to <a href="mailto:dcjess@gmail.com">dcjess@gmail.com</a>.

### NEW YEAR'S EVE GATHERING

**Saturday, December 31, 2022**Terrace Lounge • 7 – 9 p.m. • Tickets: \$55
Dress: Cocktail Attire, Jacket and Tie

Say "Bye" to 2022 and "Hello" to 2023! Join your neighbors on New Years Eve in the Terrace Lounge for heavy appetizers, music and conversation. The Social Committee will greet you at the door with a glass of "bubbly." As always, please bring your own beverage to drink during the evening.

For two hours, L&M catering will serve delicious food. We will have great music from Bob Smith on the piano accompanied by Robert Vetter. He has been asked to play show tunes so think about any song requests you would like to make! After the gathering ends, you will have time to head out to another New Year's Eve party! Or, head back to your (not driving is nice) and watch the "ball" drop from your favorite chair. You may even stay and continue chatting until the Terrace Lounge closes at 11 p.m.

### **WAL UPCOMING EVENTS**

#### WATERGATE BOOK CLUB

Thursday, January 5, 2023
Virtual • 7:30 p.m.
Book Information in Email

Email dpmullens@comcast.net for details.



#### AIR AND SPACE MUSE-UM SHUTTLE TRIP

Thursday, January 5, 2023 Pick-ups will start at 9:15 a.m.

Discover the wonder of air and space by exploring one of the premier locations, where you can see artifacts that took humans to new heights and truly were out of this world. One of the most popular museums in the world. Visit the transformed museum on the National Mall. The Air and Space Museum located on the National Mall is currently transforming. Eight new galleries are now open, inviting visitors to explore air and space in new ways.

#### RUBELL MUSEUM

**Thursday, January 19, 2023** Pick-ups will start at 9:15 a.m.



Located at 65 I Street in the Southwest neighborhood, the Rubell Museum DC brings the Rubell Family's extensive contemporary art collection to the nation's capital. After nearly 30 years as the Rubell Family Collection and with the 2019 expansion to a new location in Miami, the institution was renamed the Rubell Museum to emphasize its public mission and expand access for audiences. The Rubell Museum's collection is distinguished by its unprecedented range and depth that has enabled the Museum to organize over 50 exhibitions during the last three decades drawn entirely from its holdings in painting, sculpture, photography, video, and installation.



#### YOUTH COMMITTEE EVENT

Saturday January 21, 2023 Terrace Lounge • 3 – 5 p.m.

Details coming soon! Mark your calendar for our next event hosted by the youth committee.



#### KARAOKE NIGHT

Friday, February 3, 2023
Terrace Lounge • 7 p.m. – 9 p.m.
(Doors open at 6:30 pm)
Ticket Price: \$10 per person

Join the Social Committee for an evening with neighbors singing and laughing. "Baby It's cold outside" BUT we will be warm in the Terrace Lounge. Residents Paul Sonnhalter, Ray Foote, and Isamu Danasu have planned a fun night! The big screen will have the words of every song played. We will have microphones for those that want a little stardom! Or, just sing along at your table if the music moves you. Enjoy conversations with your neighbors.

Enter at the card room door into a world of music. Christine Ricci and Ray Foote will be manning a table where you can look through a book with an extensive list of songs to request. Bring your own beverages and snacks. The dress code is casual. There will be reserved tables and chairs. So, sign up in the Activities office.

# ROYAL CARIBBEAN CRUISE

Thursday, May 25 - Sunday, June 3, 2023



Refundable Deposit of \$250 until February 17, 2023

Prices Vary Based on Occupancy and Room Location Sail from Baltimore, MD, to the Bahamas and Bermuda for nine days of fun with neighbors! The Social Committee has arranged a round-trip bus transportation (optional, additional cost) to the port of call. Port charges and taxes are included. Insurance, excursions and beverages are extra. Please consider this as you plan to attend.

To reserve your trip, call Annie Alvarez (Stirling Cruises Travel Agent) by email (annie@cruiserewards.com) or by phone (305-459-1770). You may also contact Paul Sonnhalter by email (paul.sonnhalter39@gmail.com) or by phone (703-869-3253).

## PRO-FIT INFORMATION

#### Winter Group Exercise Schedule

Session Ends on March 31, 2023!

Call 703-370-7092 to purchase your class today!



#### PROFESSIONAL FITNESS MANAGEMENT

#### Mondays

Pilates • 10:30 a.m. • Terrace Lounge

#### Wednesdays

Tone/Balance/Stretch • 12:15 p.m. • Terrace Lounge

#### **Fridays**

Aqua Zumba • 4 p.m. • Indoor Pool

#### Saturdays

Gentle Yoga • 9 a.m. • Terrace Lounge

#### Want to Attend a Fitness Class?

Buy a class pass and use it to attend any of the fitness classes offered at Watergate at Landmark!

10 Classes: \$95 \* 20 Classes: \$179 \* 30 Classes: \$209 Unlimited Classes: \$229 \*Less than \$4/class!\* Drop-In Rate: \$10 per class

### **Pro-FIT Referral Program**

Don't keep a great thing to yourself! Refer a friend, family member or neighbor to join Pro-Fit's Group Exercise Program! If they commit to a class pass and mention you as a referral, they receive 35% OFF the price of their class pass AND you get two FREE classes!

The Winter Group Exercise Class Schedule runs through March 31, 2023. You may join classes at any time; however, classes purchased must be used before the current session ends.











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Attorney Gregory Wade is a Watergate at Landmark resident and makes home visits for estate planning and probate issues.

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### Watergate at Landmark Holiday Hours of Operation

Christmas Eve and New Year's Eve December 24, 2022 and December 31, 2022

Activities Office	9 a.m. – 3 p.m.
Resident Services and Management	Office8 a.m. – 3 p.m.
Library	8 a.m. – 7:30 p.m.
Fitness Center	4 a.m. – midnight
Indoor Pool	10 a.m. – 10 p.m.
Racquet Club	6 a.m. – 11 p.m.

\*The Shuttle Bus will run on a normal Saturday schedule.

#### Christmas Day and New Year's Day December 25, 2022 and January 1, 2023

All Offices	Closed
Library	Closed
	4 a.m. – midnight
Indoor Pool	10 a.m. – 10 p.m.
Racquet Club	6 a.m. – 11 p.m.

\* The Shuttle Bus will not operate.

\*The Racquet Club will be open by FOB access.

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Gisela Schmidt (NMLS ID# 1188684 (www.nmlsconsumeraccess.org) DC.ML01188684 MD.26-39734 VA.ML0-38934VAI is an agent of Draper and Kramer Mortgage Corp. (NMLS:2551) an Illinois Residential Mortgage Licensee located at 1431 Opus Place, Suite 200, Downers Grove, IL. 60515, 630-376-2100. DC: Mortgage Lender License No. MLB2551. MD: Licensed as a Mortgage Lender by the Commissioner of Financial Regulation No. 19525 VA. Licensed as a Mortgage Lender by the Virginia State Corporation Commission No. MC-5630, NMLS ID No. 2551. © 2022 Draper and Kramer Mortgage Corp. All Rights Reserved. Gisela's office phone: 571-489-0589. Gisela's office address: 12005 Sunrise Valley Drive Suite 410, Reston, VA 20191. 05952-01 10/22.



# Is it Time to Repair or Replace Your Old HVAC System?

M.E. FLOW Inc.

Heating & Goolling & Plumbing

HVAC: Heating, Ventilation & Air Conditioning

Information to help you decide when it's time to replace your R-22 system

## **HVAC EQUIPMENT**

Have Questions? Call or Text Us! 703-936-6934

**Facing frequent repairs?** If your equipment requires frequent repairs and you notice your energy bills rising, your equipment is becoming less efficient and it may be time to replace.



ABOUT OLDER HVAC SYSTEMS
USING R-22 REFRIGERANT

The price of R-22 has skyrocketed resulting in significantly higher repair bills for air conditioners that are 15-plus years old and use R-22 as the refrigerant.

Depending on the exact age of your system, over time replacement parts could get harder to find, and the price for R-22 refrigerant will get more expensive-- as production has stopped.

Before you invest in another repair to an older system - let M.E. Flow help you with a FREE Repair vs. Replacement Assessment!

#### With a new system you'll get:

- More efficient unit
- Extended warranties available
- · Peace of mind
- Environmentally safe unit

Request a FREE quote today to replace your HVAC system!

**Average lifespan--** When serviced annually and properly maintained the average life of a typical AC unit is about 15 years.

**SEER rating** -- SEER measures air conditioners' cooling efficiency. A higher SEER rating means greater energy efficiency. Today the Department of Energy (DOE) mandates for our region 14 SEER, using R410A refrigerant.

Why R-22 Refrigerant is so costly-- The Environmental Protection Agency (EPA) determined that R-22 damages the ozone layer and is currently in the last few years of phasing out R-22. With the phasing out, the EPA has stopped the production of R-22 and no longer allows it to be imported. R410A is the refrigerant used in the manufacturing of new air conditioners today.

SPECIAL OFFERS FOR OUR FRIENDS AT WATERGATE!



## HAPPIEST DOG EVER

By Betty P., Resident

We adopted Lola during the COVID-19 lockdown. Training a puppy helped us get through the year as we were all stuck in our homes.

Lola is one of the happiest dogs you will ever meet! Her tail never stops wagging! Lola loves everyone she meets especially babies, children and most other dogs. Lola loves to walk around Watergate...until she doesn't. Then, you will see her tumbling over and over again or just laying down and refusing to get up.

Oh, and to answer the question we are always asked...Lola is a true mutt. We had her DNA done and she has 16 breeds in her, but mostly she is American Pitbull, Staffordshire Terrier and Dachshund.

To have your story considered for publication, send an email to FeaturedPet@watergateatlandmark.com or drop by as a guest at the next Pet Committee meeting held on the first Thursday of the month at 7:30 p.m. via Zoom. Ideas to include are the type, breed, how the pet came to live with you, unique characteristics, special purposes or a sentimental/funny story. Please submit stories written from your perspective and not your pet's.



Lola, the December/January Pet of the Month! Photo: Betty P.

# HONORABLE RECOGNITIONS

By Brianna Hawkins, Communications Manager

During the holiday season, its important to remember to give back to our communities or organization to make a difference for our future. There are some incredible residents here at Watergate at Landmark. We would like to spotlight two women who were recently awarded for their impact in our community.

#### Anita Du Mars



On September 13, 2022, at City Hall, Anita Du Mars was honored with a celebration of her longevity, wisdom, and length of service as an Alexandrian Centenarian. In addition to being honored, Du Mars was awarded a certificate, a challenge coin, and a birthday card signed by Alexandria officials and guests. Major Justin Wilson shared an overview of Anita Du Mars inspirational life as a 101-year-old member of our community.

#### Suman Nayyar



Suman Nayyar accepts award. Photo: Suman Nayyar On November 15, 2022, Suman Nayyar was awarded Volunteer of the Year during a Senior Services of Alexandria luncheon. Government and city officials were in attendance to help congratulate Suman on her phenomenal award.

Nayyar serves as a WAL SSA Ambassador. She is appreciated for keeping our community up-to-date on events and Services.

Photo: Alexandria Gazette

BL=Building BP=Billard & Pina-Pona	3 Tai Chi - 8 AM - TL	2 Tai Chi - 8 AM - TL	1 Tai Chi - 8 AM - TL				
LOCATION KEY	SAT	FRI	THU	WED	TUE	MON	SUN
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SHZ	LOCATION KEY	BL=Building BP=Billard & Ping-Pong BR=Blue Room CF1=Conference Room CF2=Conference Room CR=Card Room	FC=WAL Fitness Center GZ=Gazebos IP=Indoor Pool LB=Library LD=Loading Dock LT=Lower Terrace	M=Multi-purpose Area ME=Meadow OP=Outdoor Pool OT=Outdoor Tennis Court P=Playground PA=Picnic Area	PG=Putting Green PR=Party Room RC=Racquet Club TL=Terrace Lounge TS=Town Square TV=TV Room UT=Upper Terrace	VI=Virtual
	SAT	3 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF	10 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF Holidays Around the World and Non-Perishable Food Drive - 6 PM - TL	17 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF	24 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF	31 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF NYE Gathering - TL - 7 PM
22	FRI	2 Tai Chi - 8 AM - TL Knit and Stitch - 10 AM - CF2 Aqua Zumba - 4 PM - IP	9 Knit and Stitch – 10 AM - CF2 Aqua Zumba - 4 PM - IP	16 Knit and Stitch – 10 AM - CF2 Aqua Zumba - 4 PM - IP	23 Knit and Stitch – 10 AM - CF2 Aqua Zumba - 4 PM - IP	30 Knit and Stitch – 10 AM - CF2 Aqua Zumba - 4 PM - IP
200	THU	1 Tai Chi - 8 AM - TL Watergate Book Club - 7:30 PM - CF2/VI	8 Tai Chi - 8 AM - TL Old Cosmopolitan House Shuttle Trip - Pick ups Start at 11:15 Holiday Program - 7PM - TL	15 Tai Chi - 8 AM - TL	22 Tai Chi - 8 AM - TL	29 Tai Chi - 8 AM - TL
4	WED		7 Tone/Balance/Stretch - 12:15 PM - TL Bridge - 2 PM - CR Recreation - 5 PM - V	14 Landscape - 11 AM - CF2 Tone/Balance/Stretch - 12:15 PM - TL Bridge - 2 PM - CR Children's Book Drive Ends	21 Tone/Balance/Stretch - 12:15 PM - TL Bridge - 2 PM - CR	28 Tone/Balance/Stretch - 12:15 PM - TL Bridge - 2 PM - CR
	TUE		6 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Seniors - 2 PM - TL/VI Covenants - 7 PM - VI	13 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Elections - 11 AM - CF2	20 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Board of Directors Mtg 7:30 PM - TL/VI	27 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Activities Office Closed
	MON		5 Pilates - 10:30 AM - TL Communications - 7:30 PM - VI	12 Pilates - 10:30 AM - TL Budget - 7 PM - VI	19 Pilates - 10:30 AM - TL	26 Christmas Day Observed All Offices Closed No Shuttle Service Fitness Ctr. 4 AM - 12 AM Indoor Pool: 5 AM - 9 PM Library: Closed Racquet Club (FOB Only): 6 AM - 11 PM
	* sun		4	11	18	25

SE	LOCATION KEY	BL=Building BP=Billard & Ping-Pong BR=Blue Room CF1=Conference Room CF2=Conference Room CR=Card Room	FC=WAL Fitness Center GZ=Gazebos IP=Indoor Pool LB=Library LD=Loading Dock LT=Lower Terrace	M=Market MA=Multi-purpose Area ME=Meadow OP=Outdoor Pool OT=Outdoor Tennis Court P=Playground PA=Picnic Area	PG=Putting Green PR=Party Room RC=Racquet Club TL=Terrace Lounge TS=Town Square TV=TV Room UT=Upper Terrace	VI=Virtual
	SAT	7 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF Cartooning Demo Class - 3 PM - TL	14 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF 2023 Annual Registration Ends at 3 PM	21 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF	28 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF	4 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF
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<b>M</b>	TUE	3 Tai Chi - 8 AM - TL Mahjong – 11 AM - CR Seniors - 2 PM - TL/VI A&E - 5 PM - CF2 Covenants - 7 PM - VI	10 Mahjong - 11 AM - CR Social - 6 PM - CF2 Elections - 10 AM - CF2	17 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR	24 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR	31 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Board of Directors Mtg 7:30 PM - TL/VI
	MON	2 New Year's Day Observed All Offices Closed Communication -12:30 PM - VI	9 Pilates - 10:30 AM - TL	16 Pilates - 10:30 AM - TL Budget - 7 PM - VI	23 Pilates - 10:30 AM - TL	30
4	SUN	1	œ	15		29



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Recognition for quality care and services



Bea is the first resident at Brandywine Living at Alexandria

"I moved in as the first resident of Brandywine Living at Alexandria and was thrilled with the lavish surroundings and accommodations for my every need. I was welcomed by the excellent, caring and talented staff and provided entertainment whenever wanted. I have already made new friends and look forward to many more to come!"

~Bea



Life is Beautiful

Call Courtney at 703.940.3300 to schedule your visit! 5550 Cardinal Place (next to Cameron Station) Alexandria, VA 22304

Our new Alexandria community is Brandywine Living's 29th luxury, active aging community with licensed Assisted Living and Memory-Care, visit us at www.Brandycare.com



#### VIRGINIA SHOWROOM

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