

# wheel

WATERGATE AT LANDMARK UNIT OWNERS ASSOCIATION



**A Walk into Spring**

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# Where Renovation Dreams Become A Reality

**Water Gate of Landmark Residents**

**City of Alexandria Permits and WAL  
Modification approval submission included!**

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**Kitchen**



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Removal**



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**Electrical  
Panel Box**



**Bathroom**



**Flooring**



**Electrical**



**Plumbing**



# INSIDE The Wheel

## COVER PHOTO

Sweet seasons we have known  
Such beauty nature's shone  
No animal's alone  
Not in springtime.

Again we celebrate  
A spring that comes not late  
Your friends in Watergate  
Smile and cheer

*Pictures and poem by Dick  
Coleman*



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## WAL CONTACT CORNER

### Resident Services Office Hours

Monday - Friday	Saturday
8 a.m. - 7:30 p.m.	9 a.m. - 3 p.m.
Email: <a href="mailto:resident@watergateatlandmark.com">resident@watergateatlandmark.com</a>	
Resident Services Office:	703-370-7000
Activities Office:	703-370-7092
FirstService Residential:	703-385-1133
Gate Communications:	703-370-2674

### *After-hours Emergencies:*

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Operations Coordinator:	703-461-2498
Email: <a href="mailto:operations@watergateatlandmark.com">operations@watergateatlandmark.com</a>	

*Common Area Maintenance Related Requests:*



## TUNE IN TO WAL

Lobby Entrance Camera

Comcast - 971 Master Antenna - 3

WAL CCTV Channels

Comcast - 970 Master Antenna - 8

Wheel is a publication of the  
Watergate at Landmark Unit Owners  
Association

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For publication consideration, please submit original content (e.g. articles, photos) to [commgr@watergateatlandmark.com](mailto:commgr@watergateatlandmark.com). High-quality photos are recommended (300 dpi or greater). Management makes content decisions and it is understood that revisions and edits will be made for space and publication style. Publication is not guaranteed.

# PRESIDENT'S UPDATE

*By Rudnaldo Hodges, Board President*

Happy spring, Watergate at Landmark! It looks like April showers and increasingly longer days of sunshine have brought us yet more beautiful flowers throughout the community. Again, thanks to Steve Hornig and members of the Landscape Committee.

There is a philosophical belief that the Gregorian calendar month of May is named for the Roman fertility goddess Maia who oversaw the growth of plants – a – nurturer, likely connected with this springtime month. By extending this philosophy, May is the month related to the symbolism of rebirth and the Circle of Life. The Circle of Life may be nature's way of taking life and then giving back life to earth. If you are fortunate enough to enjoy "The Lion King" at Kennedy Center over the next two months or see the movie, listen very carefully to the lyrics in the symbolic song about "The Circle of Life" for its relevant meaning.

Dads, daughters, sons and other family members remember, the second Sunday in May is Mother's Day which puts it squarely on May 14. On Mother's Day we pause to celebrate the sacrifices and contributions of the mothers in our lives. It is also time to think about motherhood and appreciate mothers of all types including grandmothers, great-grandmothers, stepmothers and foster mothers.

If your family is celebrating graduations during this month, congratulations on your achievement and perseverance. Congrats to both the graduate and those who supported that graduate during those challenging years in the world of academia.



On the last weekend and Monday of this month for Memorial Day, some of us might take family road trips, enjoy picnics or cook-outs, view a parade, take advantage of merchandise sales, or perhaps visit a cemetery or memorial to memorialize all those who have given their lives throughout America's long history of armed conflict. If you decide to stay here in our WAL community, residents and their guests can enjoy the outdoor pool which will open Saturday, May 27 after following some much needed repairs and rehabilitation. Unfortunately, the splash pad will be closed this summer as it will require extensive repairs which have been deferred. Some additional good news is that the waterfall which was originally slated for repair after the outdoor pool closes will now be functional by the time the pool opens this month thanks to General Manager Greg Gardner's negotiating skill. Again, we thank our Infrastructure, Project Review, Budget, and Recreation Committee volunteers for their collaboration with our WAL staff to provide project plans for the Board's review and approval.

Over the next few months you are likely to see numerous contractors on site here at WAL performing maintenance; replacement and refurbishing our facilities to include outdoor racquet court reconstruction; indoor racquet court resurfacing; racquet clubhouse refinishes and HVAC replacement; picnic area furnishings; completion of the Gazebo rehabilitation; Building Four generator replacement; and the indoor pool and spa thirty-year update. Due to the extensive nature of the work scheduled for the indoor pool, that project will start as soon as the outdoor pool opens at the end of May. Additionally, there will be other projects completed throughout the site on a smaller scale. These activities are necessary to preserve our facilities, amenities, and the value of our luxury condominium community. There is good news for residents in building three.



The 4th of four elevator machinery replacements will be done this month to complete that project. Once that project is completed, a contractor will start reconditioning the interior brass plating in the main elevators in each of the four high rises.

During our March Board of Directors Open Session, the following six Policy Resolutions were approved:

- PR# 16 Parking and Towing Rules
- PR# 78 Designated Non-smoking areas
- PR# 96 Renovation & Architectural Modification Policies
- PR# 102 Design Restrictions on Limited Common Elements -parking spaces
- PR# 109 Estate Sales & Open Houses
- PR# 110 Identification at Watergate at Landmark

On April 19, WAL staff hosted WAL volunteers to a breakfast buffet catered by The Omelette Chefs. Below is an extract from the thank you note I sent on our behalf.

*“Good morning, everyone! I wish to thank each of you for the wonderful job you did in recognizing us volunteers. What a classy event! I received many compliments on your behalf yesterday!”*

*Please pass on to your contributing teammates our appreciation ranging from organization, to setup, presentation, choice of vendors, details like flowers and candy bars and non-alcoholic beverages for toasting and more. Highly impressive and surely to be remembered by all the guests.*



*Volunteer Appreciation Brunch. Photo by Gale Goldfarb*

*This event will be held in our memories and will set the standard for future events. Thank you!”*

Great job WAL staff!

Until the next Wheel, have a bountiful spring!

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## 2023 -2024

### BOARD OF DIRECTORS

Board of Directors	Term Expires
Eileen Greenberg	2025
Theresa Mulrane	2025
Stephen Allenbach	2026
Alex Davila	2024
Barry Crosby	2026
Patricia Espinet	2026
Gregory Wade	2025
Board Elected Officers	Term Expires
Rudnaldo Hodges, President	2024
Joseph Vecchio, Vice President	2024
Susan Bouldin, Treasurer	2024
Vivian Moran, Secretary	2024

# A WALK INTO **SPRING**

POEM FROM WAL SHUTTLE TRIP TO MEADOWLARK BOTANICAL GARDENS

By Dick Coleman, Resident

<i>Sweet seasons we have known</i>	<i>The glories of new life</i>
<i>Such beauty nature's shone</i>	<i>Carve senses like a knife</i>
<i>No animal's alone</i>	<i>Grown precious and so dear</i>
<i>Not in springtime</i>	<i>After last year</i>
<i>No wildness to atone</i>	<i>Let us savor while we can</i>
<i>We once all had our own</i>	<i>The work the soul began</i>
<i>No talents left to hone</i>	<i>To praise this grand premiere</i>
<i>And buy more time</i>	<i>And love life here</i>
<i>Your blossoms give us hope</i>	<i>Again we celebrate</i>
<i>These geese shall never mope</i>	<i>A spring that comes not late</i>
<i>Nature needs no soap</i>	<i>Your friends in Watergate</i>
<i>Her plan's clear</i>	<i>Smile and cheer</i>



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# HAPPY MEMORIAL DAY?

*By Rudnaldo Hodges, Board President*

Hmmm...perhaps the person making this statement is using the word “happy” to express their gratitude for the freedom that American citizens enjoy or maybe they just wish to express their gratitude for the people who were willing to sacrifice their own lives. There is a considerable debate of label over whether it is appropriate to wish someone a “Happy Memorial Day.”

In 2021, writer Jenni Fink wrote an article titled "Do You Say Happy Memorial Day? The Debate Over the Appropriate Sentiment" on newsweek.com. Some may or may not understand the intent given the nature of the activities we associate with the Holiday—consumer sales, barbecues, vacation travel, or just being with friends and relatives.

Many Americans don't experience the somber aspects of the Memorial Holiday because they do not have a direct connection to the military. Others may feel the Holiday should be treated with a bit more reverence. Some might choose to visit a cemetery, memorial, or partake in a commemorative event.



*The Tomb of the Unknown Soldier. Photo by Aleena Hampton*



*The Iwo Jima statue Photo by Aleena Hampton*

There are other salutations that are seemingly more appropriate. For example, “Respectful Memorial Day,” “Remembrance Day”, or “Grateful Memorial Day.” One that I picked up recently is “Have a meaningful Memorial Day!” These choices would be more appropriate to acknowledge the solemn nature of the holiday in honor of and remembrance of those who have died while serving our American military.

Regardless of the salutation, should we encounter and greet each other this month around WAL, I would be grateful to be on the receiving end of these greetings. After all, it's the thought that counts!

## ARTIST OF THE MONTH

*By Aleena Hampton, WAL Resident and Committee Member*

*"These patriotic photos are from when my niece, who was on active duty in the Marine Corps and asked to see the Marine Corps monument before she was sent overseas. It was a rainy day, and I thought the picture was so perfect. She made her way up the ranks and retired as a CW3 from the Marine Corps in 2020. She was one of the first women who graduated from training in bulk fuel and later became a supply officer. She is and always will be a Marine, and I am so proud of her and appreciate her service to this country."*

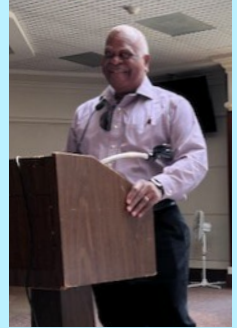


*Vietnam Veterans Memorial Women's Statue. Photo by Aleena Hampton*

# THANK YOU Watergate VOLUNTEERS

In honor of National Volunteer Appreciation Month, the Management staff hosted a spring brunch for the volunteers who served over the last year and recognized numerous volunteers who have served WAL in multiple ways over the years. Each volunteer received a full-course brunch from The Omelette Chefs, fresh tulips and a Watergate at Landmark chocolate bar with a special appreciation message on the back.

Previous Board President, Phil Schrock and WAL board member Bob Lee were honored for their 10 years of Board of Director service. Current President, Butch Hodges dedicated a touching speech and zealous toast to show gratitude of the power duos time on the WAL board over the years.



## BUDGET

Susan Bouldin, Chair  
Stephen Allenbach  
William Brown  
Barry Crosby

## COVENANTS

Erik Grosf, Chair  
Patricia Espinet  
Susan Fertig-Dykes

Marlene Hawkins  
Richard Parker

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Alex Davila, BL  
Gale Goldfarb

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Joe Vecchio, BL  
John Alvarado  
Abed Benzina  
Susan Bouldin  
Sheila Foote  
Sylvia Linke  
Herb Treger

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Greg Wade, BL  
Rob Blitzer  
Joanne Burke  
Filomena Debnar  
Madeleine Homayoonfar  
Vivian Moran  
Christine Ricci  
Paul Sonnhalter  
Rance Willis

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Alex Davila, BL  
Steve Clunn  
Mary Clunn

Deb Freile  
Jenny Guzman  
Christine LaVenia  
Kim Lopez

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Aleena Hampton  
Karen McKinney  
Vivian Moran  
Phoebe Rolan  
Carol Weber  
Kyle Williamson

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Joanne Burke, Sec  
Bob Lee, BL  
Janice Schrock  
Maria Taub  
Marsha Ward  
Carolyn Winters

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Theresa Mulrane, BL  
Genie Baskir  
Jane Cotton  
Libby Cooperman  
Barbara Daggs  
Cedar Dvorin  
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Phoebe Rolan  
Janice Schrock  
Cathy Walsh  
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Risa Gordon  
Mary Kruger  
Phil Mullens  
Cooper Pierce  
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Terry Schlossberg

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Eileen Greenberg, BL  
Salma Ayad  
Zohreh Khoshnamak

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Bob Lee, BL  
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Terry Darcy  
Susan Day  
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Rosemary McJury  
Theresa Mulrane  
Phoebe Rolan  
Bob Lamica  
Marsha Ward

## REDECORATION

Theresa Mulrane, Chair  
Sheila Foote  
Madelaine Fusfield  
Herb Treger  
Joe Vecchio  
Greg Wade  
Carolyn Winters

BL= BOARD LIAISON

## WAL ACTIVITIES AND CLUB ORGANIZERS

### BOOK CLUB

Diane Mullens

### KNIT & STITCH

Diane Mullens

### TAI CHI

Janice Schrock  
Sue Nayyar  
Sue Lattin  
Stephanie Lowe

### CARDS, BRIDGE, MAHJONG & CHESS

Phil Mullens  
Kris Sarma

### RED CROSS BLOOD DRIVE

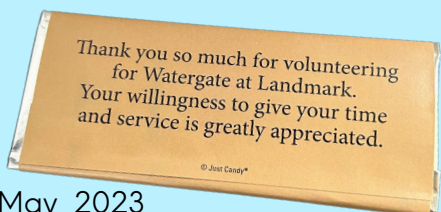
Rosemary Patrick  
Theron Patrick

### WEST END COALITION

Herb Treger

### ROBOTICS

Zohreh Khoshnamak



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# HELLO, SPOT!

By Bridget Jaspert, Pet Committee Chair

Last month, the Pet & Youth Committees hosted an event in partnership with Frolick Dogs to show kids and adults alike the do's & don'ts of greeting a dog. Key tips presented included what questions to ask pet owners before petting their dog, how to read a dog's body language, and what to do if a dog gets loose from their owner. Attendees could practice what they learned with two service dogs brought on premises! To receive a copy of the presentation, please contact the Activities office.

Frolick Dogs, a canine sports club opened in June 2014 in Alexandria, VA, provides a friendly, safe and positive environment where owners can bring their dogs year-round to keep fit, have fun, strengthen their bond and reinforce good behavior. The family-owned business will return to Watergate on May 20 for an agility training course. This provides good cardiovascular, muscular, and mental exercise for owners and dogs.



Frolick Dogs trainers presents a program to WAL youth.

Resident dog owners and their dogs are invited to participate in the agility course set up by Frolick Dogs, who will be on hand to assist.



**Location:** Multipurpose Court  
**Date:** Saturday, May 20 **Time:** 2-4 PM  
(The Date will change to June 17; Weather Dependent)

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Gisela Schmidt (NMLS ID # 1188684 (www.nmlsconsumeraccess.org) DC-MLO1188684 MD-26-39734 VA-MLO-38934VA) is an agent of Draper and Kramer Mortgage Corp. (NMLS:7551) an Illinois Residential Mortgage Licensee located at 1431 Opus Place, Suite 200, Downers Grove, IL 60515, 630-376-2100, DC: Mortgage Lender License No. MLB2551, MD: Licensed as a Mortgage Lender by the Commissioner of Financial Regulation No. 19525, VA: Licensed as a Mortgage Lender by the Virginia State Corporation Commission No. MC-5630; NMLS ID No. 2551. © 2023 Draper and Kramer Mortgage Corp. All Rights Reserved. Gisela's office phone: 571-489-0589, 05952-03 4/2023.

# UPCOMING BIKE AUDIT

By Javier Ortiz, Chief of Patrol Services

In the coming weeks, Patrol Services will inspect bicycles stored in the common areas and limited common areas, specifically the bicycle racks and garage parking spaces. Bikes observed with no or expired WAL bicycle decals will be removed, held for 30 days and disposed of by the Association as necessary as abandoned property.

If you have a bicycle that does not have a current WAL Resident parking decal stored in the bicycle racks or in a garage space, please visit the Resident Services Office to obtain a free decal for your bicycle.



In order to identify and contact owners of bicycles that are lost, stolen, or (potentially) abandoned on Watergate at Landmark property. A registration system is in place. Registration is required of all residents storing bicycles in garage racks and offered on an optional basis to all other bicycle owners not using garage racks. Bicycle registration is available annually as part of the Annual Registration as well as through the Resident Services Office in the Community Center. This enables Patrol Services to contact bicycle owners if required.



## OUTDOOR COURT CLOSURE

By Shalayah Nesbitt, Operations Coordinator

The tennis courts are scheduled to be resurfaced around September of this year, which will require removal of the fences, remeasuring, and replacement of all windscreens. Due to the condition of the windscreens, it was recommended that we remove the salvageable windscreens from courts 5 and 6. Thank you for your patience and understanding while we work to keep Watergate beautiful.



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# A SAFETY PLEA FOR YOU AND ME

By A Building 3 Resident

Dear WAL Community,

I am writing this letter as a plea for the drivers within this community to slow down and adhere to the posted speed limits within the community property. Earlier this year, just as I returned home from walking my dog, I heard a loud commotion in front of my building. Standing on my balcony looking down, I saw the remnants of a severe car accident.

While car accidents may not often occur within our gates, I've only seen an accident of this severity on a city street. Here, a car drove into two parked cars so forcefully, it resulted in the impact physically relocating two parked cars into the adjacent parking spots, within inches of a third parked car. Fortunately, an ambulance was not needed.

As I hoped and prayed no one was hurt, I couldn't help but think...What if a walker was there, what if a dog walker was there, what if someone was getting into their car? There are a lot more "What if" scenarios, but fortunately (to my knowledge), none of them played out in this accident.

We are a very active community of walkers, runners, children, pets, etc., that enjoy the beautiful landscape and the fresh air. Of course, accidents happen, but this is a reminder that speeding within this very active community could result in severe, or even deadly, consequences.



A picture of this recent accident depicts the impact speeding can cause within our very active community gates.

*Management enforces a speed limit of 15 MPH as you drive within the community. They post numerous reminders and implement speed deterrents around the community to deter speeding. I am pleading to my community to slow down while you are driving within these walls. I encourage you to tell your guests to slow down when driving within these walls.*

## 2023 OUTDOOR POOL HOURS

**SAT., MAY 27 – FRI. JUNE 16**

MONDAY – FRIDAY: 1 – 8 PM

SATURDAY, SUNDAY & HOLIDAYS: 9 AM – 8 PM

**SAT., JUNE 17 – MON., SEPTEMBER 4**

MONDAY – FRIDAY: 10 AM – 8 PM

SATURDAY, SUNDAY & HOLIDAYS: 9 AM – 8 PM

**AFTER MON., SEPTEMBER 4**

MONDAY – FRIDAY: CLOSED

SATURDAY, SEPTEMBER 9: 10 AM – 6 PM

SUNDAY, SEPTEMBER 10: 10 AM – 6 PM



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# MULTUM IN PARVO

By Jennifer J., Resident



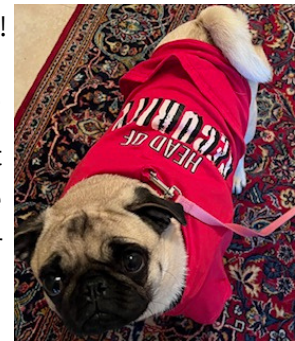
This beautiful girl is Mandy. She is a three-year-old Pug. The motto of the Pug is, “Multum in Parvo,” which is a Latin phrase that means “a lot in a little.”

In other words, Pugs have a lot of personality in a little body. I can assure you that Mandy is a typical Pug! She is sweet, loyal, affectionate, funny, mischievous, and stubborn. She makes me laugh every day.

In April 2022, Mandy’s owner collapsed and was taken to a hospital on a Thursday night. Unfortunately, the owner lived alone and didn’t have family nearby. The property owner found out on Sunday morning that Mandy was home alone and that her owner was too ill to care for her anymore.

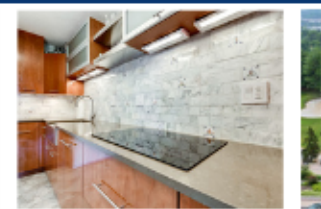
The property owner immediately went into the apartment and took care of Mandy. She contacted the wonderful Pug rescue group that I have worked with since 2016. I got Mandy that Monday evening after speaking with her owner, who clearly loved her very much. I officially adopted Mandy on October 15, 2022, which is National Pug Day.

Mandy adores dogs and people. If she sees another dog, she wants to meet them. If someone is walking by her, she stops and stares at the person until they acknowledge her or are out of her line of vision. I’ll admit, I think she takes it personally if she is ignored! If you see Mandy out and about, please say “hello.” If you don’t, then just know that I am the one that has to look at her adorable little crestfallen face!



## ROB BLITZER’S

## WATERGATE SALES REPORT



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GRI, CRS, Associate Broker

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Recent  
Watergate Sales

ST#	FLOOR	MODEL	BR/FB/HB	SQFT	DATE SOLD	SOLD PRICE	GARAGE
307	3rd	B	2/2	881	4/23/2023	\$205,000	No
307	12th	F	2/1/05	1211	4/23/2023	\$396,500	No
307	11th	G	2/2	1309	4/23/2023	\$310,000	No
309	18th	G	2/2	1309	4/23/2023	\$395,000	Yes
203	14th	J	2/2	1621	4/23/2023	\$405,000	Yes
205	11th	J	2/2	1621	4/23/2023	\$360,000	No
307	8th	J	2/2	1621	4/23/2026	\$405,000	Yes

**SAMSON**  
PROPERTIES

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ALEXANDRIA, VA 22310

\*Information provided by MRIS and represents sales by all REALTORS\*.

Hi. My name is Rob Blitzer and I am a 34 year Resident and Realtor at Watergate at Landmark. I have been helping my Clients buy and sell Real Estate all over Northern Virginia but there is a special place in my heart for Watergate! Watergate is not just 4 walls and a ceiling or just another community. It’s a Life Style and a very comfortable Lifestyle at that. Over my 34 years at Watergate, we have been through a lot... Recessions, Elections, Runaway Stock Markets, Pandemics, Cicada Invasions (Twice) and even an Earthquake. Through it all, Watergate continues to keep on Rockin’ and even improving with age. Whether it’s the Amenities, Location or just the overall Comfortable LifeStyle, it’s great living here and I’m Enthusiastic about Watergate now and what the Future holds.



PROFESSIONAL FITNESS MANAGEMENT

### Want to attend a Fitness Class?

The Spring Group Exercise Class Schedule will begin in April. You may join classes at any time, but the purchased classes must be used during the schedule. For example, classes purchased in the winter must be used during the winter class schedule.

Schedule runs from April 1 - June 30  
Call 703-370-7092 to purchase your class today!

Buy a class pass to use for any or all fitness classes. Join at any point during the season. Passes purchased for the Spring Exercise Schedule must be used by June 30, 2023.

**10 Classes: \$95 \* 20 Classes = \$179 \* 30 Classes: \$209**  
**Unlimited Classes: \$229 \*Less than \$4/class!\***  
**Drop-In Rate: \$10 per class**

### Spring Group Exercise Schedule

#### MONDAYS

Pilates - 10:30 a.m. - Terrace Lounge

#### WEDNESDAYS

Tone Balance/Stretch - 12:15 p.m. - Terrace Lounge

#### THURSDAYS

Aqua Zumba - 6 p.m. - Indoor Pool

#### SATURDAYS

Gentle Yoga - 9 a.m. - Terrace Lounge

### Pro-Fit Referral Program



Don't keep a great thing to yourself! Refer a friend, family member or neighbor to join Pro-Fit's Group Exercise Program!

If they commit to a class pass and mention you as a referral, they receive 35% OFF the price of their class pass AND you get two FREE classes!

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- Real Estate Law
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- Bankruptcy
- Estate Planning
- Personal Injury
- Probate

*Attorney Gregory Wade is a Watergate at Landmark resident and makes home visits for estate planning and probate issues.*

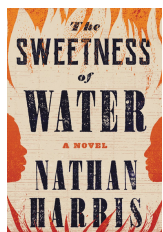
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# UPCOMING *Events*

May  
3



**WATERGATE BOOK CLUB**  
**WEDNESDAY**  
7:30 p.m.  
Conference Room 2 + Virtual  
*The Sweetness of Water*  
By Nathan Harris

In the dying days of the American Civil War, newly freed brothers Landry and Prentiss are cast penniless into the world. Hiding out in woods, they're discovered by the land's owner, George Walker, a man still reeling from the loss of his son in the war. Email [dpmullens@omcast.net](mailto:dpmullens@omcast.net) for meeting details.

May  
4



**NATIONAL SPORTING LIBRARY & MUSEUM**  
**THURSDAY**

9 a.m. Pick-up • Shuttle Trip • Price: \$27

Join the A&E Committee in May to experience the National Sporting Library & Museum in Middleburg, Virginia. Lunch drop-offs will be in Middleburg. Sign up at the Activities Office via email at: [activities@watergateatlandmark.com](mailto:activities@watergateatlandmark.com).

May  
6



**KENTUCKY DERBY PARTY**  
**SATURDAY**

5:30 - 7:30 p.m.  
Terrace Lounge.  
Price: \$10 (No refunds)

Wear your fabulous hat or fascinator, lucky outfit and bring your own beverage and snacks to share with your table. See if your favorite comes in 1st, 2nd or 3rd as we watch the exciting races displayed on the big screen. There will be a trivia game to challenge how much you know about the Derby. Cheer on the horses and celebrate with us in the Terrace Lounge!

May  
9

**PICNIC ON THE PORCH**  
**TUESDAY**

Noon • Lower Terrace • Price: \$35

Mingle with neighbors over a scrumptious lunch from Panera at the Terrace! The Seniors Committee has planned a catered lunch featuring sandwiches, tea, lemonade and dessert. To attend, purchase your ticket from the Activities Office. Ticket sales are final; seating is first-come, first-served.



May  
12

**YAPPY HAPPY HOUR**  
**FRIDAY**

7-9 p.m. • Upper Terrace • Free

Save the date! The first Yappy Happy Hour of 2023 is scheduled for Friday, May 12 from 7-9 p.m. on the Upper Terrace. This event is sponsored by the Pet Committee and is open to all residents who enjoy the company of dogs (and dog owners!) More details will be shared closer to the event.



May  
18

**FRANCISCAN MONASTERY TRIP**  
**THURSDAY**

9 a.m. Pick-up • Shuttle Trip • Price: \$12

Join the A&E Committee on the shuttle trip to the Franciscan Monastery in NW Washington to view the replicas of Holy Land shrines, attend a concert or event, or learn about the Franciscans' work in the Holy Land. Lunch drop-off will be at Carlyle Crossing.



May  
20

**ALPHA DOG BLUES SIP & LISTEN**  
**SATURDAY**

7-9 p.m. Doors open at 6:30 p.m.  
\$15 (no refunds)

Harmonica wizard Roger Hart brings his acoustic band back to Watergate for the third time! This is always a sold-out crowd with Tom Muck at the guitar and Bass Guitarist Nancy Lisi. Sign up at the Activities Office to snag your front row seats! Bring your own beverage and a snack to share with your table.



"Blues with a bite"

# MAY

# 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 Pilates - 10:30 AM - TL Communication - 12:30 PM - VI</p>	<p>2 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Seniors - 2 PM - TL A&amp;E - 5 PM - CF2 Covenantants - 7 PM - VI</p>	<p>3 Tai Chi - 9 AM - TL Tone/Balance/Stretch - 12:15 PM - TL Bridge - 2 PM - CR Recreation - 5 PM - VI Youth - 6 PM - VI Infrastructure - 7 PM - VI Book Club - 7:30 pm - CF2 - VI</p>	<p>4 Tai Chi - 8 AM - TL Cards - 4 PM - CR Aqua Zumba - 6 PM - IP Pet - 7:30 PM - VI National Sporting Library &amp; Museum Shuttle Trip - 9 AM Pick-up</p>	<p>5 Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CF2</p>	<p>6 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF Kentucky Derby Party - 5:30 PM - TL</p>
<p>7 Pilates - 10:30 AM - TL</p>	<p>8 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Social - 6 PM - CF2 Picnic on the Porch - 12 PM - LT</p>	<p>9 Tai Chi - 9 AM - TL Tone/Balance/Stretch - 12:15 PM - TL Bridge - 2 PM - CR Landscape - 11 AM - CF1 PRC Meeting - 7 PM - VI</p>	<p>10 Tai Chi - 8 AM - TL Cards - 4 PM - CR Aqua Zumba - 6 PM - IP Reasonable Accommodation - 4 PM - CF1</p>	<p>11 Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CF2 Fair Housing Training - 11 AM - TL Yappy Happy Hour - 7 PM - UT</p>	<p>12 Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CF2</p>	<p>13 Tai Chi - 8 AM - TL Yoga - 9 AM - CR</p>
<p>14 Pilates - 10:30 AM - TL</p>	<p>15 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR</p>	<p>16 Tai Chi - 9 AM Bridge - 2 PM - CR Tone/Balance/Stretch - 12:15 PM - TL</p>	<p>17 Tai Chi - 8 AM - TL Cards - 4 PM - CR Aqua Zumba - 6 PM - IP Franciscan Monastery Trip - 9 AM pick-up</p>	<p>18 Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CF2</p>	<p>19 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF Alpha Dogs - Sip &amp; Listen - 7 PM - TL</p>	<p>20 Tai Chi - 8 AM - TL Yoga - 9 AM - CR Robotics Club - 3 PM - CF Alpha Dogs - Sip &amp; Listen - 7 PM - TL</p>
<p>21 Pilates - 10:30 AM - TL Budget - 7 PM - VI</p>	<p>22 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR</p>	<p>23 Tai Chi - 9 AM - TL Bridge - 2 PM - CR Tone/Balance/Stretch - 12:15 PM - TL</p>	<p>24 Tai Chi - 8 AM - TL Cards - 4 PM - CR Aqua Zumba - 6 PM - IP</p>	<p>25 Tai Chi - 8 AM - TL Cards - 4 PM - CR Aqua Zumba - 6 PM - IP</p>	<p>26 Tai Chi - 9 AM - TL Knit and Stitch - 10 AM - CF2</p>	<p>27 Tai Chi - 8 AM - TL Yoga - 9 AM - CR</p>
<p>28 Pilates - 10:30 AM - TL</p>	<p>29 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Board Meeting - 7:30 PM - TL/VI</p>	<p>30 Tai Chi - 8 AM - TL Mahjong - 11 AM - CR Board Meeting - 7:30 PM - TL/VI</p>	<p>31</p>	<p><b>LOCATION KEY</b> BL=Building   BP=Billiard &amp; Ping-Pong   BR=Blue Room   CF1=Conference Room   CF2=Conference Room 2   CR=Card Room   FC=WAL Fitness Center   GZ=Gazebos   IP=Indoor Pool   LB=Library   LD=Loading Dock   LT=Lower Terrace   M=Market   MA=Multi-purpose Area   ME=Meadow   OP=Outdoor Pool   OT=Outdoor Tennis Court   P=Playground   PA=Picnic Area   PG=Putting Green   PR=Party Room   RC=Racquet Club   TL=Terrace Lounge   TS=Town Square   TV=TV Room   UT=Upper Terrace   VI=Virtual</p>		

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**SHOWROOM HOURS**

Mon - Fri. 9:00am-6pm  
Sat. 10:00am-4pm