

**WATERGATE AT LANDMARK CONDOMINIUM  
UNIT OWNERS ASSOCIATION**

**POLICY RESOLUTION NO. 82**

**POOL, SPA, AND SAUNA RULES**

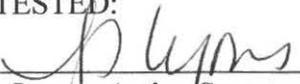
Amended June 28, 2016

**RESOLVED BY THE BOARD OF DIRECTORS** of the Watergate at Landmark Condominium  
Unit Owners Association:

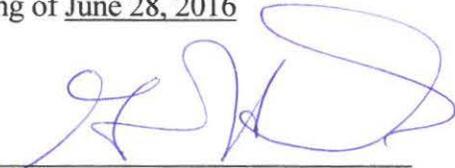
**THAT**, the Board of Directors approve the amendments to Policy Resolution #82 Pool, Spa and  
Sauna Rules to include the health and safety considerations related to the voluntary swim test and  
children under age 12 requiring supervision.

Book of Minutes \_\_\_\_, of the Board Meeting of June 28, 2016

ATTESTED:

  
\_\_\_\_\_  
Jene Lyons, Acting Secretary

\_\_\_\_\_  
Date

  
\_\_\_\_\_  
Gary H. Dahl, President

\_\_\_\_\_  
Date

29 Jun 16

**WATERGATE AT LANDMARK CONDOMINIUM  
UNIT OWNERS ASSOCIATION**

**POLICY RESOLUTION NO. 82**

**POOL, SPA AND SAUNA RULES**

Amended June 28, 2016

**GENERAL**

1. The purpose of these rules is to ensure, to the greatest extent possible, the safety of all pool, spa, and sauna patrons.
2. The lifeguard(s) shall apply and enforce all applicable federal, state and City of Alexandria laws, rules, and regulations, as well as these Rules with the assistance of WAL Patrol Services if necessary.
3. Any dangerous or unsafe behavior may subject the pool, spa or sauna patron who engages in it to immediate action up to, and including, removal from the pool, spa or sauna area.
4. Offensive behavior or activities which may be or become an annoyance to other pool, spa or sauna patrons or lifeguards may subject the pool, spa, or sauna patron who engages in such to immediate action up to, and including, removal from the pool, spa, or sauna area.

**ADMISSION TO POOL AREA**

1. Each resident and guest (over the age of one (1) year) must provide the following to the lifeguards for the duration of their stay in the pool area:
  - a. Residents: valid WAL ID card
  - b. Houseguests:
    - i. When accompanied by a WAL resident with a valid WAL ID card: either an amenity or one-day pass
    - ii. When not accompanied by a WAL resident with a valid WAL ID card: a houseguest pass and either an amenity or one-day pass with a corresponding unit number
  - c. Day guests (must be accompanied by a WAL resident with a valid ID card): either an amenity or one-day pass
2. For health and safety considerations:
  - i) a voluntary swim test will be administered by the lifeguard upon the request of any patron.
  - ii) Children under age 12 require supervision.
3. No owner, resident or guest of a unit on the "blocked amenities list" will be admitted to the pool area.

4. A maximum of six guests per unit identified by the WAL ID card or houseguest pass, whether using the unit's amenity passes, borrowed amenity passes, or purchased day passes, are allowed in the pool at any particular time during the day except in cases of Gazebo rentals which allow up to 10 guest passes during the rental period.
5. One day passes are sold for \$5 each.
6. Each resident must present a valid WAL Amenity pass for admission. Animals are not allowed in the pool areas, except service animals.

### **USE OF THE POOL AREAS**

1. Attire: Casual attire and soft soled shoes may be worn in the pool areas. Footwear that will damage the pool deck is not permitted.
2. Drinks: Non-alcoholic drinks are permitted as long as the drinks are not within four (4) feet of the pool edge and are contained in unbreakable containers.
3. **NOT PERMITTED**
  - a. Unsafe behavior, including but not limited to, running, pushing, shouting, or rough play
  - b. Intoxication or appearance of intoxication
  - c. Profane language
  - d. Loitering near the lifeguard stations or check-in area
  - e. Smoking
  - f. Food of any kind
  - g. Glass Containers
  - h. Changing of diapers, except on designated changing tables in the bathrooms or in private stall areas.
4. Wheeled Vehicles: Except for mobility impaired persons, no wheeled vehicles such as bicycles, scooters or skateboards are permitted in any of the pool areas. Infant strollers are permitted on the outdoor pool deck, provided they remain at least 10 feet from pool's edge and locked so they cannot be pushed or moved.
5. Sound Devices: Except for authorized Association activities, sound producing devices may be used only with personal earphones. The volume of these devices, including cell phones, must be turned down sufficiently so other patrons cannot hear them. Cell phones may not be used in the water.

### **USE OF THE POOLS (Indoor & Outdoor)**

1. Showers: Everyone must take a shower in swimming attire at the shower located on the pool deck or in the locker rooms prior to entering the pool, after sunbathing or using the restrooms.

2. Infections: Persons with infections, inflamed eyes, colds, nasal or ear discharges, skin rashes or eruptions, open sores of any kind, or wearing any type of bandage may not use the pool.
3. **NOT PERMITTED**
  - a. Indoor Pool: Diving or jumping into the pool
  - b. Outdoor Pool:
    - i. Diving, except at the deep end of the pool
    - ii. Performing flips, twists or turns while jumping into the pool
    - iii. Diving or jumping whenever a diver/swimmer is in the diving area (1 person at a time is permitted on the diving board)
  - c. Spitting or nose-blowing into the-pool or onto the deck
  - d. Unsafe behavior, including but not limited to, pushing, dunking, horsing around, excessive splashing, shouting, or rough play
  - e. Chewing gum
4. Diapers: Incontinent or non-toilet-trained persons must wear swim diapers/pants in the pool. Incontinent behavior that causes the pool to be closed for sanitary reasons will result in suspension of pool privileges for the remainder of the day and referral to the Covenants Committee for a potentially increased suspension for the person causing the closure, as well as any parent/guardian, guest, and the resident sponsor of such guest(s). Diapers must be changed in locker or family room areas where a changing table is provided.
5. Ability: Persons unable to demonstrate to the lifeguards their ability to swim are not allowed in water more than 3 ½ feet in depth unless accompanied by and within arm's reach, by a responsible person to be determined by the lifeguard. In order to demonstrate swimming ability, at the discretion of the lifeguard, any person may be required to swim one length of the indoor or outdoor pool lap lanes without touching the ground, walls, or lane markers and without stopping, and must tread water for 60 seconds.
6. Suits: Pool users must wear swim suits which may include all-white tee shirts, wet suits and soft soled water shoes. Street clothes such as colored tee shirts and leotards are not permitted.
7. Supervision: A responsible person, who accompanies a non-swimming person to the pool area must supervise such person at all times while in the pool area. At no time may the responsible person be more than an arm's length away from a non-swimming person who is in the water.
8. Breaks: Lifeguards have the discretion to require breaks for any pool user whom, in their opinion requires one. Sole pool lifeguards, such as those on duty in the Indoor Pool when the Outdoor Pool is closed for the season, are required to take a 10-minute break every hour (at 10 minutes before the hour) per the Alexandria Aquatic Health Ordinance.

9. Flotation: Only flotation devices that are approved by the US Coast guard may be used in the pool. Tying noodles around non-swimmers is not permitted.
10. Toys: Objects in the Water:
  - a. Balls other than Nerf like balls (soft/spongy) are not permitted in the pools.
  - b. Toys that are not hazardous, as determined by the lifeguards, are permitted only in the children's section of the outdoor pool, including play and sandbox areas.
  - c. Noodles may not be used as flotation aids by non-swimmers or used in an improper manner, *e.g.*, slapping noodles on the water or used in horseplay.

### **LAP LANES AND OUTDOOR SPA**

1. The indoor and outdoor pool lap lanes may be used only by persons swimming or walking laps. Only one person may use a lane at a time, unless otherwise agreed, with a thirty (30) minute time limit. That person may invite another person to share the lane for the same period of time. The time may be extended if no one is waiting for a lane. People waiting for a lane must sign up with the lifeguard.
2. The Association may organize and sanction lessons.
3. Sitting on the outside wall, blocking the jets, walking on the inside bench, or jumping into the outside pool's whirlpool is strictly prohibited.

### **SAUNA RULES**

1. The Sauna must be used according to manufacturer safety and usage guidelines (The Tylo Sauna Operating Manual is posted outside of sauna door). The purpose of these guidelines and their approval at WAL is to ensure the health, safety and welfare of all patrons.
2. All sauna patrons must take a shower at the pool area prior to using the sauna.
3. Pursuant to the Tylo Sauna Operating Manual:
  - Pregnant women, elderly persons and those suffering from heart disease, high or low blood pressure, or anyone using anticoagulants, antihistamines, asocovstrictors, vasodilators, stimulants, hypnotics, narcotics or tranquilizers should seek medical advice prior to using the sauna;
  - Those persons under the influence of alcohol or drugs should not use the sauna;
  - Sauna users should not use the sauna immediately after a meal; and,
  - Children may not use the sauna without supervision.
  - NOTE: Other recommendations may apply – please consult the Tylo Sauna Operating Manual.
4. To ensure hygienic safety, sauna patrons must place a towel or similar article on all wooden parts of the sauna where their bodies touch the wood.

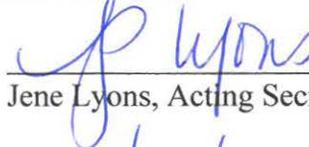
5. To avoid fire hazards or accidents, sauna patrons are prohibited from bringing the following items into the sauna: Paper products (newspapers, paper towels, etc.) and combustible containers (deodorant, hair spray, etc.).
6. **NOT PERMITTED:**
  - a. Exercise
  - b. Loud conversation
  - c. Drying of towels, clothing or anything else
  - d. Smoking
  - e. Cell phones and other electronic devices
  - f. Changing clothes

**SPA (HOT TUB) RULES**

1. Entering the spa when closed or without a lifeguard on duty is strictly prohibited.
2. Pursuant to the Centers for Disease Control and Prevention "Hot Tub User Information" the following restrictions apply:
  - Pregnant women should consult a physician before hot tub use, particularly in the first trimester; and,
  - Children under five years of age should not use the hot tub.
  - NOTE: Spa users are responsible for ensuring use is consistent with other Centers for Disease Control and Prevention Regulations which may apply.
3. Everyone must take a shower in the pool area prior to using the spa.
4. Users may enter and exit only by using the steps. Jumping or running into the spa is prohibited.
5. Persons may use the spa up to a maximum of 15 minutes at any one time period. Lifeguards have the discretion to require breaks for any spa user that, in their opinion, requires one.

Book of Minutes \_\_\_\_\_, of the Board Meeting of June 28, 2016

ATTESTED:

  
 \_\_\_\_\_  
 Jene Lyons, Acting Secretary

  
 \_\_\_\_\_  
 Gary Dahl, President

6/30/16  
 \_\_\_\_\_  
 Date

29 July 16  
 \_\_\_\_\_  
 Date

**WATERGATE AT LANDMARK CONDOMINIUM  
UNIT OWNERS ASSOCIATION**

RESOLUTION ACTION RECORD

Resolution No. 82

Pertaining to: Pool, Spa and Sauna Rules

Duly adopted at a meeting of the Board of Directors held: June 28, 2016

Motion by: Greenberg                      Seconded by: Lee

| VOTE:                               | YES      | NO | ABSTAIN | ABSENT |
|-------------------------------------|----------|----|---------|--------|
| <u>Abed Benzina</u><br>DIRECTOR     | <u>X</u> |    |         |        |
| <u>Michael Davidov</u><br>DIRECTOR  | <u>X</u> |    |         |        |
| <u>Mark Drake</u><br>DIRECTOR       | <u>X</u> |    |         |        |
| <u>Eileen Greenberg</u><br>DIRECTOR | <u>X</u> |    |         |        |
| <u>Carla Polk</u><br>DIRECTOR       | <u>X</u> |    |         |        |
| <u>James Samans</u><br>DIRECTOR     | <u>X</u> |    |         |        |
| <u>Philip Schrock</u><br>DIRECTOR   | <u>X</u> |    |         |        |
| <u>Robert Lee</u><br>VICE PRESIDENT | <u>X</u> |    |         |        |
| <u>Gary Dahl</u><br>PRESIDENT       | <u>X</u> |    |         |        |

ATTEST:  
J Lyons  
Jene Lyons, Acting Secretary

6/30/16  
Date

Date Resolution effective: June 28, 2016.